Key Messages:

- 2/3rds of blind and visually impaired are women
- 3/4ths of visual impairment is preventable or correctable
- Smoking increases your risk for age-related macular degeneration (AMD) and cataract
- Eye diseases increase with age, and healthy lifestyles can prevent and slow age-related eye disease
- Women are often responsible for their families' healthcare, thus, when we educate women about eye health, we in turn educate families.

Worldwide

- 2/3rds of blind people worldwide are women and girls; 4/5ths of blindness and visual impairment occurs in developing countries
- In many countries, men's access to eye health care is twice that of women, do in part to economic status.
- Effective strategies can and do successfully provide eye health care for all